



Meet the  
**MELONATOR**

# MAY

2019

**GOOD  
EATS AT**

## Sinton High School Breakfast Menu

**SPECIAL  
ANNOUNCEMENTS**

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide breakfast for all students at no charge for the 2018-2019 school year.

**The breakfast meal requires students to select a fruit/vegetable as part of their breakfast meal.**

Available milk flavors: 1% White and Fat Free Chocolate Menu subject to change based on product availability.



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



This product was funded by USDA.  
This institution is an equal opportunity provider.

M	T	W	TH	F
	<ol style="list-style-type: none"> <li>Honey Bun</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>1</b>	<ol style="list-style-type: none"> <li>Mini Pancakes</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>2</b>	<ol style="list-style-type: none"> <li>Breakfast on a Bun</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>3</b>	
<ol style="list-style-type: none"> <li>Pancake &amp; Sausage on a Stick, Syrup</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>6</b>	<ol style="list-style-type: none"> <li>Bacon/Egg/Chz. Taco</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>7</b>	<ol style="list-style-type: none"> <li>Pig in Blanket</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>8</b>	<ol style="list-style-type: none"> <li>Breakfast Pizza</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>9</b>	<ol style="list-style-type: none"> <li>Glazed Donut</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>10</b>
<ol style="list-style-type: none"> <li>Ham/Egg/Cheese Bar</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>13</b>	<ol style="list-style-type: none"> <li>Sausage/Egg/Chz. Taco</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>14</b>	<ol style="list-style-type: none"> <li>Pig in Blanket</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>15</b>	<ol style="list-style-type: none"> <li>Sausage &amp; Biscuit</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>16</b>	<ol style="list-style-type: none"> <li>Cinnamon Roll</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>17</b>
<ol style="list-style-type: none"> <li>Pancake &amp; Sausage on a Stick, Syrup</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>20</b>	<ol style="list-style-type: none"> <li>Potato/Egg/Chz. Taco</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Pastries</li> <li>Yogurt</li> </ol> Sides: Toast, Breakfast Crackers, Fruit, Juice <b>21</b>	Assorted Breakfast Items  Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety <b>22</b>	Assorted Breakfast Items  Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety <b>23</b>	Last Day of School Early Release  Assorted Breakfast Items Sides: Toast, Breakfast Crackers, Fruit, Juice <b>24</b>
No School <b>27</b>	No School <b>28</b>	No School <b>29</b>	No School <b>30</b>	No School <b>31</b>

**HEALTHY  
SUMMER  
MEALS  
FOR KIDS**  
No Cost For Kids 18 and Younger

**STARTING JUNE 3**



Meet the  
**MELONATOR**

# MAY

2019

**GOOD  
EATS AT**

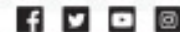
Sinton  
High School  
Main Line  
Lunch  
Menu

**SPECIAL  
ANNOUNCEMENTS**

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide lunch for all students at no charge for the 2018-2019 school year.

**The lunch meal requires students to select a fruit or vegetable as part of their lunch meal. Milk choice available daily.**  
Menu subject to change based on product availability.

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**M**

**T**

**W**

**TH**

**F**

1. Chicken Philly  
2. Mini Corn Dogs

Sides: Tater Tots, Baked Beans, Sunchips  
Fruit & Veggie Bar **6**

1. BBQ Chicken  
2. Popcorn Chicken

Sides: Sliced Bread, Baked Beans, Corn on Cob, Pickle Spears, Fresh Watermelon  
Fruit & Veggie Bar **7**

1. Pirate Burgers  
2. Burgers: Chicken

Sides: French Fries, Burger Toppings, Fruit & Veggie Bar, *Mini Rice Krispies* **1**

1. Teriyaki Chicken w/ Asian Rice  
2. Egg Rolls

Sides: Steamed Broccoli, Fruit & Veggie Bar **2**

1. Enchiladas w/ Chili Gravy  
2. Bean & Chz. Burrito

Sides: Rice, Pinto Beans, Fruit & Veggie Bar *Fiesta Sidekick* **3**

1. Sloppy Joe on Bun  
2. Hot Dog

Sides: Tater Tots, Baked Beans, Sunchips  
Fruit & Veggie Bar **13**

1. Salisbury Steak, Gravy  
2. Popcorn Chicken

Sides: Roll, Mashed Potatoes, Green Beans, Fruit & Veggie Bar **14**

1. Pirate Burgers  
2. Burgers: Chicken

Sides: French Fries, Burger Toppings, Fruit & Veggie Bar, *Star Cookie* **8**

1. Honey Sriracha Chicken w/ Asian Rice  
2. Egg Rolls

Sides: Steamed Broccoli, Fruit & Veggie Bar **9**

1. Frito Pie  
2. Bean & Chz. Burrito

Sides: Pinto Beans, Fruit & Veggie Bar *BIRTHDAY ICE CREAM* **10**

1. BBQ on Bun  
2. Corn Dog

Sides: Tater Tots, Baked Beans, Sunchips  
Fruit & Veggie Bar **20**

1. Chicken & Waffles  
2. Steak Fingers w/ Roll

Sides: Cucumber Slices, Waffle Fries, Fruit & Veggie Bar **21**

1. Pirate Burgers  
2. Burgers: Chicken

Sides: French Fries, Burger Toppings, Fruit & Veggie Bar, *Assorted Desserts* **22**

1. Cherry Blossom Chicken w/ Asian Rice  
2. Egg Rolls

Sides: Steamed Broccoli, Fruit & Veggie Bar **16**

1. Crispy Beef Tacos  
2. Bean & Chz. Burrito

Sides: Pinto Beans, Lettuce/Tomato/Cheese  
Fruit & Veggie Bar **17**

No School

**27**

No School

**28**

No School

**29**

No School

**30**

Last Day of School  
Early Release  
Menu: Campus Choice **24**

No School

**27**

No School

**28**

No School

**29**

No School

**30**

No School

**31**

**HEALTHY  
SUMMER  
MEALS  
FOR KIDS**  
No Cost For Kids 18 and Younger

**STARTING JUNE 3**  
For a Meal Plan  
Call 211  
or  
Text

MAY MENU CELEBRATIONS...

MAY 3: Fiesta Sidekick

May 7<sup>th</sup>: National BBQ Month  
BBQ Chicken, Corn on Cob,  
Baked Beans, Watermelon

May 8<sup>th</sup> & 15<sup>th</sup>: Star cookie  
for STARR/EOC testing

MAY 10: May/June/July  
Birthdays,  
Birthday ice cream cup



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**GOOD  
EATS AT**

## Sinton High School Pizzeria Line Lunch Menu

**SPECIAL  
ANNOUNCEMENTS**

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide lunch for all students at no charge for the 2018-2019 school year.

**The lunch meal requires students to select a fruit or vegetable as part of their lunch meal. Milk choice available daily.**

Menu subject to change based on product availability.

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M	T	W	TH	F
	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chkn.AlredoBowtie 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit, <i>Mini Rice Krispies</i> 1	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Rotini & Meat Sauce 4. Boneless Hot Wings Sides: Breadstick, Steamed Broccoli, Salad, Fruit 2	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Pasta Bowl 4. Boneless Hot Wings Sides: Pinto Beans, Baby Carrots, Fruit, <i>Fiesta Sidekick</i> 3	
1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chicken Penne Bowl 4. Boneless Hot Wings Sides: Tater Tots, Baby Carrots, Fruit 6	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Spaghetti & Meatballs 4. Boneless Hot Wings Sides: Breadstick, Corn on Cob, Baby Carrots, Fruit, Fresh Watermelon 7	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chkn.AlredoBowtie 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit, <i>Star Cookie</i> 8	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Rotini & Meat Sauce 4. Boneless Hot Wings Sides: Breadstick, Steamed Broccoli, Salad, Fruit 9	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Pasta Bowl 4. Boneless Hot Wings Sides: Pinto Beans, Baby Carrots, Fruit, <i>BIRTHDAY ICE CREAM</i> 10
1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chicken Penne Bowl 4. Boneless Hot Wings Sides: Tater Tots, Baby Carrots, Fruit 13	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Spaghetti & Meatballs 4. Boneless Hot Wings Sides: Breadstick, Green Beans, Baby Carrots, Fruit 14	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chkn.AlredoBowtie 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit, <i>Star Cookie</i> 15	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Rotini & Meat Sauce 4. Boneless Hot Wings Sides: Breadstick, Steamed Broccoli, Salad, Fruit 16	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Pasta Bowl 4. Boneless Hot Wings Sides: Pinto Beans, Baby Carrots, Fruit, 17
1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chicken Penne Bowl 4. Boneless Hot Wings Sides: Tater Tots, Baby Carrots, Fruit 20	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Spaghetti & Meatballs 4. Boneless Hot Wings Sides: Breadstick, Waffle Fries, Baby Carrots, Fruit 21	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chkn.AlredoBowtie 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit, <i>Assorted Desserts</i> 22	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Pasta Bowl 4. Boneless Hot Wings Sides: Breadstick, Steamed Broccoli, Salad, Fruit 23	Last Day of School Early Release Menu: Campus Choice 24
No School 27	No School 28	No School 29	No School 30	No School 31

**HEALTHY  
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MEALS  
FOR KIDS**  
No Cost For Kids 18 and Younger

**STARTING JUNE 3**  
Type A Meal Now Available  
Call 211 or Text 211

MAY MENU CELEBRATIONS...

MAY 3: Fiesta Sidekick

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BBQ Chicken, Corn on Cob,  
Baked Beans, Watermelon

May 8<sup>th</sup> & 15<sup>th</sup>: Star cookie  
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MAY 10: May/June/July  
Birthdays,  
Birthday ice cream cup



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**2019**

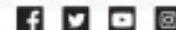
**GOOD  
EATS AT**

Sinton  
High School  
Deli Line  
Lunch  
Menu

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1. Ham Chef Salad Plate  
2. Sub Sandwich Plate  
3. Uncrustable PB&J Plate  
4. Yogurt/Fruit/Chz. Plate  
Sides: Fruit & Veggie Bar,  
Tater Tots **6**

1. Ham Chef Salad Plate  
2. Sub Sandwich Plate  
3. Uncrustable PB&J Plate  
4. Deli Wrap Plate  
Sides: Fruit & Veggie Bar **7**

1. Baked Potato Plate  
2. Sub Sandwich Plate  
3. Uncrustable PB&J  
4. Deli Wrap Plate  
Sides: Fruit & Veggie Bar,  
*Star Cookie* **8**

1. Chef Salad  
2. Sub Sandwich Plate  
3. Uncrustable PB&J Plate  
4. Yogurt/Fruit/Chz.  
Sides: Fruit & Veggie Bar **9**

1. Chef Salad  
2. Sub Sandwich Plate  
3. Uncrustable PB&J Plate  
4. Tuna Salad Croissant  
Sides: Fruit & Veggie Bar,  
Pinto Beans,  
**BIRTHDAY ICECREAM** **10**

1. Ham Chef Salad Plate  
2. Sub Sandwich Plate  
3. Uncrustable PB&J Plate  
4. Yogurt/Fruit/Chz. Plate  
Sides: Fruit & Veggie Bar,  
Tater Tots **13**

1. Ham Chef Salad Plate  
2. Sub Sandwich Plate  
3. Uncrustable PB&J Plate  
4. Deli Wrap Plate  
Sides: Fruit & Veggie Bar **14**

1. Baked Potato Plate  
2. Sub Sandwich Plate  
3. Uncrustable PB&J  
4. Deli Wrap Plate  
Sides: Fruit & Veggie Bar,  
*Star Cookie* **15**

1. Chef Salad  
2. Sub Sandwich Plate  
3. Uncrustable PB&J Plate  
4. Yogurt/Fruit/Chz.  
Sides: Fruit & Veggie Bar **16**

1. Chef Salad  
2. Sub Sandwich Plate  
3. Uncrustable PB&J Plate  
4. Tuna Salad Croissant  
Sides: Fruit & Veggie Bar,  
Pinto Beans, **17**

1. Ham Chef Salad Plate  
2. Sub Sandwich Plate  
3. Uncrustable PB&J Plate  
4. Yogurt/Fruit/Chz. Plate  
Sides: Fruit & Veggie Bar,  
Tater Tots **20**

1. Ham Chef Salad Plate  
2. Sub Sandwich Plate  
3. Uncrustable PB&J Plate  
4. Deli Wrap Plate  
Sides: Fruit & Veggie Bar **21**

1. Baked Potato Plate  
2. Sub Sandwich Plate  
3. Uncrustable PB&J  
4. Deli Wrap Plate  
Sides: Fruit & Veggie Bar,  
*Assorted Desserts* **22**

Menu: Campus Choice **23**

Last Day of School  
Early Release  
Menu: Campus Choice **24**

No School **27**

No School **28**

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No School **31**

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