



Meet the
MELONATOR

MAY

2019

GOOD EATS AT

Sinton Elementary Breakfast Menu

SPECIAL ANNOUNCEMENTS

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide breakfast for all students at no charge for the 2018-2019 school year.

The breakfast meal requires students to select a fruit or juice as part of their breakfast meal.

Available milk flavors: 1% White and Fat Free Chocolate Menu subject to change based on product availability.

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA. This institution is an equal opportunity provider.

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1. Assorted Muffins
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **6**

1. Bacon/Egg/Cheese Breakfast Taco
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **7**

1. Pig in Blanket
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **8**

1. Breakfast Pizza
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **9**

1. Glazed Donut
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **10**

1. Ham/Egg/Cheese Bar
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **13**

1. Sausage/Egg/Cheese Breakfast Taco
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **14**

1. Pig in Blanket
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **15**

1. Sausage & Biscuit
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **16**

1. Cinnamon Roll
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **17**

1. Pancake & Sausage on a Stick, Syrup
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **20**

1. Potato/Egg/Cheese Breakfast Taco
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **21**

1. Donut Holes
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **22**

1. Assorted Muffins
2. Assorted Cereal
3. Yogurt
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **23**

Last Day of School
Early Release
Assorted Breakfast Items
Sides: Toast, Breakfast Crackers, Fruit, Juice
Milk: Variety **24**

No School **27**

No School **28**

No School **29**

No School **30**

No School **31**

HEALTHY SUMMER MEALS FOR KIDS
No Cost For Kids 18 and Younger





Meet the
MELONATOR

MAY

2019

GOOD EATS AT

Sinton Elementary Lunch Menu

Note: This site is unable to serve Peanut Butter due to contact allergies.

SPECIAL ANNOUNCEMENTS

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide lunch for all students at no charge for the 2018-2019 school year.

The lunch meal requires students to select a fruit or vegetable as part of their lunch meal.

Menu subject to change based on product availability.



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M T W TH F

<p>1. Mini Corn Dogs 2. Yogurt/Fruit/Cheese</p> <p>Sides: Baked Beans, Baby Carrots, Apple Slices Milk: Variety</p> <p>6</p>	<p>1. BBQ Chicken 2. Ham Chef Salad Plate</p> <p>Sides: Sliced Bread, Corn on Cob, Baked Beans, Pickle Spears, Fresh Watermelon Milk: Variety</p> <p>7</p>	<p>1. Pirate Burgers 2. Tuna Sandwich</p> <p>Sides: Tater Tots, Baby Carrots, Burger Toppings, Craisins, Milk: Variety</p> <p><i>Mini Rice Krispies</i></p> <p>1</p>	<p>1. Rotini w/ Meat Sauce 2. Ham & Chz. Sandwich</p> <p>Sides: Breadstick, Steamed Broccoli, Salad, Fruit Cup, Milk: Variety</p> <p>2</p>	<p>1. Enchiladas w/ Chili Gravy 2. Turkey & Chz. Sandwich</p> <p>Sides: Spanish Rice, Pinto Beans, Baby Carrots, Raisels, <i>Fiesta Sidekick</i> Milk: Variety</p> <p>3</p>
<p>1. Sloppy Joe on Bun 2. Yogurt/Fruit/Cheese</p> <p>Sides: Baked Beans, Baby Carrots, Apple Slices, Sunchips Milk: Variety</p> <p>13</p>	<p>1. Salisbury Steak, Gravy 2. Ham Chef Salad Plate</p> <p>Sides: Rice, Cucumber Slices, Mashed Potatoes, Gravy, Green Beans, Fruit Cup Milk: Variety</p> <p>14</p>	<p>1. Pirate Burgers 2. Tuna Sandwich</p> <p>Sides: Tater Tots, Baby Carrots, Burger Toppings, Craisins, Milk: Variety</p> <p><i>Star Cookie</i></p> <p>8</p>	<p>1. Beefy Mac & Cheese 2. Ham & Chz. Sandwich</p> <p>Sides: Breadstick, Steamed Broccoli, Salad, Fruit Cup, Milk: Variety</p> <p>9</p>	<p>1. Frito Pie 2. Turkey & Chz. Sandwich</p> <p>Sides: Pinto Beans, Baby Carrots, Raisels, <i>BIRTHDAY ICECREAM</i> Milk: Variety</p> <p>10</p>
<p>1. Chicken Burger 2. Yogurt/Fruit/Cheese</p> <p>Sides: Baked Beans, Baby Carrots, Apple Slices Milk: Variety</p> <p>20</p>	<p>1. Chicken Tenders & Waffles w/ syrup 2. Baked Potato Plate</p> <p>Sides: Cucumber Slices, Waffle Fries, Steamed Corn, Fruit Cup Milk: Variety</p> <p>21</p>	<p>1. Pirate Burgers 2. Tuna Sandwich</p> <p>Sides: Tater Tots, Baby Carrots, Burger Toppings, Craisins, Milk: Variety</p> <p><i>Star Cookie</i></p> <p>15</p>	<p>1. Pizza Lunch Kit 2. Ham & Chz. Sandwich</p> <p>Sides: Steamed Broccoli, Salad, Fruit Cup, Milk: Variety</p> <p>16</p>	<p>1. Bean & Cheese Burrito 2. Turkey & Chz. Sandwich</p> <p>Sides: Pinto Beans, Baby Carrots, <i>Seasonal Fruit</i> Milk: Variety</p> <p>17</p>
<p>No School</p> <p>27</p>	<p>No School</p> <p>28</p>	<p>1. Pirate Burgers 2. Tuna Sandwich</p> <p>Sides: Tater Tots, Baby Carrots, Burger Toppings, Craisins, Milk: Variety</p> <p><i>Mini Rice Krispies</i></p> <p>22</p>	<p>1. Beefy Mac & Cheese 2. Ham & Chz. Sandwich</p> <p>Sides: Breadstick, Steamed Broccoli, Salad, Fruit Cup, Milk: Variety</p> <p>23</p>	<p>Last Day of School Early Release</p> <p>Hot Dog Sack Lunch: Hot Dog, Goldfish, Baby Carrots, Paradise Punch, Sliced Apples, Condiments, Milk</p> <p>24</p>
<p>No School</p> <p>29</p>	<p>No School</p> <p>30</p>	<p>No School</p> <p>31</p>	<p>No School</p> <p>31</p>	<p>No School</p> <p>31</p>

HEALTHY SUMMER MEALS FOR KIDS
No Cost For Kids 18 and Younger



MAY MENU CELEBRATIONS...

MAY 3: Fiesta Sidekick

May 7th: National BBQ Month
BBQ Chicken, Corn on Cob, Baked Beans, Watermelon

May 8th & 15th: Star cookie for STARR/EOC testing

MAY 10: May/June/July Birthdays,
Birthday ice cream cup