

# JANUARY

2019



I'm  
**ORANGE  
STAR**

January  
Breakfast  
Celebrations

...

National  
Oatmeal  
Month

M	T	W	TH	F
School Holiday 1	School Holiday 2	School Holiday 3	School Holiday 4	
1. Breakfast Pizza 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 7	1. Bacon/Egg/Cheese Breakfast Taco 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 8	1. Glazed Donut 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 9	1. Oatmeal 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 10	1. Pig in Blanket 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 11
1. Ham/Egg/Cheese Bar 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 14	1. Sausage/Egg/Cheese Breakfast Taco 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 15	1. Cinnamon Roll 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 16	1. Asst. Flavorful Mini Pancakes 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 17	1. Scrambled Eggs with Biscuit & Gravy 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 18
1. Blueberry Pancake & Sausage on a Stick, Syrup 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 21	1. Potato/Egg/Cheese Breakfast Taco 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 22	1. Donut Holes 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 23	1. Oatmeal 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 24	School Holiday 25
1. Ham/Egg/Cheese Bar 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 28	1. Sausage/Egg/Cheese Breakfast Taco 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 29	1. French Toast Sticks 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 30	1. Asst. Flavorful Mini Pancakes 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 31	

**GOOD  
EATS AT**

Welder  
Elementary  
Breakfast  
Menu

**SPECIAL  
ANNOUNCEMENTS**

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide breakfast for all students at no charge for the 2018-2019 school year.

**The breakfast meal requires students to select a fruit or juice as part of their breakfast meal.**

Available milk flavors: 1% White and Fat Free Chocolate

Menu subject to change based on product availability.



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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## January Lunch Celebrations

- **Jan. 11<sup>th</sup>:** January Birthdays (Birthday Ice Cream Cup)
- **Jan. 23<sup>rd</sup>:** National Pie Day (Cherry Fruit Pie Pocket)

M	T	W	TH	F
School Holiday 1	School Holiday 2	School Holiday 3	School Holiday 4	
1. BBQ Chicken on Bun 2. Yogurt/Fruit/Cheese Sides: Assorted Sunchips Baked Beans, Baby Carrots, Apple Slices Milk: Variety 7	1. Steak Fingers, Gravy 2. Ham Chef Salad Plate Sides: Roll, Cucumber Slices, Mashed Potatoes. Steamed Corn, Fruit Cup Milk: Variety 8	1. Pirate Burgers 2. Tuna Sandwich Sides: French Fries, Baby Carrots, Burger Toppings Craisins, Milk: Variety <i>Mini Rice Krispies Treat</i> 9	1. Rotini w/ Meat Sauce 2. Ham & Cheese Sandwich Sides: Breadstick, Steamed Broccoli, Salad Fruit Cup, Milk: Variety 10	1. Chkn. Fajitas, Tortilla 2. Uncrustable PB&J Plate Sides: Pinto Beans, Baby Carrots, Rice, Fruit Cup, Lettuce/Tomato, Milk: Variety <i>BIRTHDAY ICECREAM</i> 11
1. Corn Dog 2. Yogurt/Fruit/Cheese Sides: Baked Beans, Baby Carrots, Apple Slices Milk: Variety 14	1. Chicken Tenders, Gravy 2. Baked Potato Plate Sides: Roll, Cucumber Slices, Mashed Potatoes. Steamed Corn, Fruit Cup Milk: Variety 15	1. Pirate Burgers 2. Tuna Sandwich Sides: French Fries, Baby Carrots, Burger Toppings, Raisels, Milk: Variety <i>Mini Brownie Cup</i> 16	1. Pepperoni Pizza 2. Ham & Cheese Sandwich Sides: Breadstick, Steamed Broccoli, Salad Fruit Cup Milk: Variety 17	1. Beef & Cheese Nachos 2. Uncrustable PB&J Plate Sides: Pinto Beans, Baby Carrots, Rice Fruit Cup, Milk: Variety 18
1. Grilled Cheese Sandw. 2. Yogurt/Fruit/Cheese Sides: Baked Beans, Baby Carrots, Apple Slices Milk: Variety 21	1. Salisbury Steak, Gravy 2. Ham Chef Salad Plate Sides: Roll, Mashed Potatoes, Green Beans, Sliced Cucumbers, Fruit Milk: Variety 22	1. Pirate Burgers 2. Tuna Sandwich Sides: French Fries, Baby Carrots, Burger Toppings, Craisins, Milk: Variety <i>Cherry Pie Fruit Pocket</i> 23	1. Beefy Mac & Cheese 2. Ham & Cheese Sandwich Sides: Breadstick, Steamed Broccoli, Salad Fruit Cup, Milk: Variety 24	School Holiday 25
1. Hot Dog 2. Yogurt/Fruit/Cheese Sides: Baked Beans, Baby Carrots, Apple Slices Milk: Variety 28	1. Chicken Drumstick 2. Ham Chef Salad Plate Sides: Roll, Gravy, Mashed Potatoes, Green Beans, Sliced Cucumbers, Fruit Milk: Variety 29	1. Pirate Burgers 2. Tuna Sandwich Sides: French Fries, Baby Carrots, Burger Toppings, Raisels, Milk: Variety <i>Assorted Cookies</i> 30	1. Cheese Pizza 2. Ham & Cheese Sandwich Sides: Breadstick, Steamed Broccoli, Salad Fruit Cup Milk: Variety 31	

**GOOD  
EATS AT**

Welder  
Elementary  
Lunch  
Menu

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