

JANUARY

2019



I'm
**ORANGE
STAR**

**January
Breakfast
Celebrations**

...
**National
Oatmeal
Month**

**GOOD
EATS AT**

Smith Middle
School
Breakfast
Menu

**SPECIAL
ANNOUNCEMENTS**

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide breakfast for all students at no charge for the 2018-2019 school year.

The breakfast meal requires students to select a fruit/juice or vegetable as part of their breakfast meal.

Available milk flavors: 1% White and Fat Free Chocolate Menu subject to change based on product availability.

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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M	T	W	TH	F
School Holiday 1	School Holiday 2	School Holiday 3	School Holiday 4	
1. Breakfast Pizza 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 8	1. Bacon/Egg/Chz. Taco 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 8	1. Glazed Donut 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 9	1. Oatmeal 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 10	1. Pig in Blanket 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 11
1. Ham/Egg/Cheese Bar 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 14	1. Sausage/Egg/Chz. Taco 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 15	1. Cinnamon Roll 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 16	1. Waffle Bar 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 17	1. Scrambled Eggs w/ Biscuits & Gravy 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 18
1. Pancake on Stick, Syrup 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 21	1. Potato/Egg/Chz. Taco 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 22	1. Donut Holes 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 23	1. Oatmeal 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 24	School Holiday 25
1. Ham/Egg/Cheese Bar 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 28	1. Sausage/Egg/Chz. Taco 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 29	1. French Toast Sticks 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 30	1. Asst. Mini Pancakes 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 31	

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January Lunch Celebrations

- **Jan. 11th:** January Birthdays (Birthday Ice Cream Cup)
- **Jan. 23rd:** National Pie Day (Cherry Fruit Pie Pocket)

M	T	W	TH	F
School Holiday 1	School Holiday 2	School Holiday 3	School Holiday 4	
1. Pepperoni Pizza 2. BBQ Chicken on Bun 3. Yogurt/Fruit/Cheese 4. Ham & Chz. Sandwich Sides: Baby Carrots, Tater Tots, Baked Beans, Asst. Sunchips, Fruit 7	1. Steak Fingers, Gravy 2. Popcorn Chicken 3. Ham Chef Salad Plate 4. Ham & Chz. Sandwich Sides: Roll, Gravy Mashed Potatoes, Steamed Corn, Sliced Cucumbers, Fruit 8	1. Pirate Burgers 2. Chicken Burger 3. Baked Potato Plate 4. Tuna Sandwich Sides: Fries, B.Carrots, Burger Toppings, Fruit, <i>Mini Rice Krispies Treat</i> 9	1. Rotini w/ Meat Sauce 2. Cheesy Breadsticks 3. Chicken Chef Salad Plate 4. Ham & Chz Sandwich Sides: Breadstick, Steamed Broccoli, Salad, Fruit 10	1. Chkn. Fajitas, Tortilla 2. Bean & Chz. Burrito 3. Yogurt/Fruit/Cheese 4. Ham & Chz Sandwich Sides: Rice, Pinto Beans, Lettuce/Tomato, Baby Carrots, Seasonal Fruit <i>Birthday Ice Cream</i> 11
1. Corn Dog 2. BBQ Chicken on Bun 3. Yogurt/Fruit/Cheese 4. Ham & Chz. Sandwich Sides: Baby Carrots, Tater Tots, Baked Beans, Asst. Sunchips, Fruit 14	1. Chicken Tenders, Gravy 2. Popcorn Chicken 3. Ham Chef Salad Plate 4. Ham & Chz. Sandwich Sides: Roll, Gravy Mashed Potatoes, Steamed Corn, Sliced Cucumbers, Fruit 15	1. Pirate Burgers 2. Chicken Burger 3. Baked Potato Plate 4. Tuna Sandwich Sides: Fries, B.Carrots, Burger Toppings, Fruit, <i>Mini Brownie Cup</i> 16	1. Chicken Parmesan Bowl 2. Cheesy Breadsticks 3. Chicken Chef Salad Plate 4. Ham & Chz Sandwich Sides: Breadstick, Steamed Broccoli, Salad, Fruit 17	1. Beef & Cheese Nachos 2. Cheese Quesadilla 3. Yogurt/Fruit/Cheese 4. Ham & Chz Sandwich Sides: Rice, Pinto Beans, Baby Carrots, Seasonal Fruit 18
1. Cheese Pizza 2. BBQ Chicken on Bun 3. Yogurt/Fruit/Cheese 4. Ham & Chz. Sandwich Sides: Baby Carrots, Tater Tots, Baked Beans, Asst. Sunchips, Fruit 21	1. Salisbury Steak, Gravy 2. Popcorn Chicken 3. Ham Chef Salad Plate 4. Ham & Chz. Sandwich Sides: Roll, Mashed Potatoes, Green Beans, Sliced Cucumbers, Fruit 22	1. Pirate Burgers 2. Chicken Burger 3. Baked Potato Plate 4. Tuna Sandwich Sides: Fries, B.Carrots, Burger Toppings, Fruit, <i>Cherry Pie Fruit Pocket</i> 23	1. Beefy Mac & Cheese 2. Cheesy Breadsticks 3. Chicken Chef Salad Plate 4. Ham & Chz Sandwich Sides: Breadstick, Steamed Broccoli, Salad, Fruit 24	School Holiday 25
1. Hot Dog/ Chili Chz Dog 2. BBQ Chicken on Bun 3. Yogurt/Fruit/Cheese 4. Ham & Chz. Sandwich Sides: Baby Carrots, Tater Tots, Baked Beans, Asst. Sunchips, Fruit 28	1. Chicken Drumstick 2. Popcorn Chicken 3. Ham Chef Salad Plate 4. Ham & Chz. Sandwich Sides: Roll, Gravy Mashed Potatoes, Green Beans, Fruit, Sliced Cucumbers 29	1. Pirate Burgers 2. Chicken Burger 3. Baked Potato Plate 4. Tuna Sandwich Sides: Fries, B. Carrots, Burger Toppings Fruit, <i>Assorted Cookies</i> 30	1. Ravioli w/ Marinara 2. Cheesy Breadsticks 3. Chicken Chef Salad Plate 4. Ham & Chz Sandwich Sides: Breadstick, Steamed Broccoli, Salad, Fruit Cup, 31	

GOOD EATS AT

Smith Middle School Lunch Menu

Note: This site is unable to serve Peanut Butter due to contact allergies.

SPECIAL ANNOUNCEMENTS

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide lunch for all students at no charge for the 2018-2019 school year.

The lunch meal requires students to select a fruit or vegetable as part of their lunch meal. Milk choice available daily.

Menu subject to change based on product availability.



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