

JANUARY

2019



I'm
**ORANGE
STAR**

**January
Breakfast
Celebrations**

...
**National
Oatmeal
Month**

**GOOD
EATS AT**

Sinton
High School
Breakfast
Menu

**SPECIAL
ANNOUNCEMENTS**

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide breakfast for all students at no charge for the 2018-2019 school year.

The breakfast meal requires students to select a fruit/juice or vegetable as part of their breakfast meal.

Available milk flavors: 1% White and Fat Free Chocolate Menu subject to change based on product availability.

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.

M	T	W	TH	F
School Holiday 1	School Holiday 2	School Holiday 3	School Holiday 4	
1. Breakfast Pizza 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 7	1. Bacon/Egg/Chz. Taco 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 8	1. Glazed Donut 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 9	1. Oatmeal 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 10	1. Pig in Blanket 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 11
1. Ham/Egg/Cheese Bar 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 14	1. Sausage/Egg/Chz. Taco 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 15	1. Cinnamon Roll 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 16	1. Waffle Bar 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 17	1. Scrambled Eggs w/ Biscuits & Gravy 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 18
1. Pancake on Stick, Syrup 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 21	1. Potato/Egg/Chz. Taco 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 22	1. Donut Holes 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 23	1. Oatmeal 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 24	School Holiday 25
1. Ham/Egg/Cheese Bar 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice, 28	1. Sausage/Egg/Chz. Taco 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 29	1. French Toast Sticks 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 30	1. Asst. Mini Pancakes 2. Assorted Muffins 3. Assorted Cereal 4. Assorted Pastries 5. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice 31	

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January Lunch Celebrations

- **Jan. 11th:** January Birthdays (Birthday Ice Cream Cup)
- **Jan. 23rd:** National Pie Day (Cherry Fruit Pie Pocket)

M	T	W	TH	F
School Holiday 1	School Holiday 2	School Holiday 3	School Holiday 4	
1. BBQ Chicken on Bun 2. Grilled Cheese Sides: Assorted Sunchips French Fries, Baked Beans, Fruit & Veggie Bar 7	1. Steak Fingers, Gravy 2. Popcorn Chicken Sides: Roll, Gravy Mashed Potatoes, Steamed Corn, Fruit & Veggie Bar 8	1. Pirate Burgers 2. Chicken Burgers Sides: French Fries, Burger Toppings, Fruit & Veggie Bar, <i>Mini Rice Krispies Treat</i> 9	1. Honey Sriracha Chicken w/ Asian Rice 2. Egg Rolls Sides: Steamed Broccoli, Fruit & Veggie Bar 10	1. Chkn. Fajitas, Tortilla 2. Bean & Chz. Burrito Sides: Rice, Pinto Beans, Lettuce/Tomato, Seasonal Fruit, Fruit & Veggie Bar <i>Birthday Ice Cream</i> 11
1. BBQ Chicken on Bun 2. Corn Dog Sides: Assorted Sunchips French Fries, Baked Beans, Fruit & Veggie Bar 14	1. Chicken Tenders, Gravy 2. Popcorn Chicken Sides: Roll, Gravy Mashed Potatoes, Steamed Corn, Fruit & Veggie Bar 15	1. Pirate Burgers 2. Chicken Burgers Sides: French Fries, Burger Toppings, Fruit & Veggie Bar, <i>Mini Brownie Cup</i> 16	1. Cherry Blossom Chicken w/ Asian Rice 2. Egg Rolls Sides: Steamed Broccoli, Fruit & Veggie Bar 17	1. Beef & Cheese Nachos 2. Cheese Quesadilla Sides: Rice, Pinto Beans, Baby Carrots, Seasonal Fruit, Fruit & Veggie Bar 18
1. BBQ Chicken on Bun 2. Grilled Cheese Sides: Assorted Sunchips Tater Tots, Baked Beans, Fruit & Veggie Bar 21	1. Salisbury Steak, Gravy 2. Popcorn Chicken Sides: Roll, Mashed Potatoes, Green Beans, Fruit & Veggie Bar 22	1. Pirate Burgers 2. Chicken Burgers Sides: French Fries, Burger Toppings, Fruit & Veggie Bar, <i>Cherry Pie Fruit Pocket</i> 23	1. Mandarin Orange Chicken w/ Asian Rice 2. Egg Rolls Sides: Steamed Broccoli, Fruit & Veggie Bar 24	School Holiday 25
1. BBQ Chicken on Bun 2. Hot Dog/ Chili Chz Dog Sides: Assorted Sunchips French Fries, Baked Beans, Fruit & Veggie Bar 28	1. Chicken Drumstick 2. Popcorn Chicken Sides: Roll, Gravy Mashed Potatoes, Green Beans, Fruit & Veggie Bar 29	1. Pirate Burgers 2. Chicken Burgers Sides: French Fries, Burger Toppings, Fruit & Veggie Bar, <i>Assorted Cookies</i> 30	1. Chicken Teriyaki w/ Asian Rice 2. Egg Rolls Sides: Steamed Broccoli, Fruit & Veggie Bar 31	

**GOOD
EATS AT**

Sinton High
School
Main Line
Lunch
Menu

**SPECIAL
ANNOUNCEMENTS**

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide lunch for all students at no charge for the 2018-2019 school year.

The lunch meal requires students to select a fruit or vegetable as part of their lunch meal. Milk choice available daily.

Menu subject to change based on product availability.



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COMMISSIONER SID MILLER



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January Lunch Celebrations

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- **Jan. 11th:** January Birthdays (Birthday Ice Cream Cup)
- **Jan. 23rd:** National Pie Day (Cherry Fruit Pie Pocket)

**GOOD
EATS AT**

Sinton High
School
Pizzeria Line
Lunch
Menu

**SPECIAL
ANNOUNCEMENTS**

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide lunch for all students at no charge for the 2018-2019 school year.

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M	T	W	TH	F
School Holiday 1	School Holiday 2	School Holiday 3	School Holiday 4	School Holiday 5
1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chicken Penne Bowl 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit 7	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Spaghetti & Meatballs 4. Boneless Hot Wings Sides: Breadstick, Steamed Corn, Baby Carrots, Fruit 8	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chkn.AlredoBowtie 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit, <i>Mini Rice Krispies Treat</i> 9	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Rotini & Meat Sauce 4. Boneless Hot Wings Sides: Breadstick, Steamed Broccoli, Salad, Fruit 10	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Lasagna Roll Bowl 4. Boneless Hot Wings Sides: Pinto Beans, Baby Carrots, Fruit <i>Birthday Ice Cream</i> 11
1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chicken Penne Bowl 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit 14	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Spaghetti & Meatballs 4. Boneless Hot Wings Sides: Breadstick, Steamed Corn, Baby Carrots, Fruit 15	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chkn.AlredoBowtie 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit, <i>Mini Brownie Cup</i> 16	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Rotini & Meat Sauce 4. Boneless Hot Wings Sides: Breadstick, Steamed Broccoli, Salad, Fruit 17	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chicken Parm. Bowl 4. Boneless Hot Wings Sides: Pinto Beans, Baby Carrots, Fruit 18
1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chicken Penne Bowl 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit 21	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Spaghetti & Meatballs 4. Boneless Hot Wings Sides: Breadstick, Green Beans, Baby Carrots, Fruit 22	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chkn.AlredoBowtie 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit, <i>Cherry Pie Fruit Pocket</i> 23	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Rotini & Meat Sauce 4. Boneless Hot Wings Sides: Breadstick, Steamed Broccoli, Salad, Fruit 24	School Holiday 25
1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chicken Penne Bowl 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit 28	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Spaghetti & Meatballs 4. Boneless Hot Wings Sides: Breadstick, Green Beans, Baby Carrots, Fruit 29	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Chkn.AlredoBowtie 4. Boneless Hot Wings Sides: French Fries, Baby Carrots, Fruit, <i>Assorted Cookies</i> 30	1. Pepperoni Pizza 2. Cheesy Breadsticks 3. Rotini & Meat Sauce 4. Boneless Hot Wings Sides: Breadstick, Steamed Broccoli, Salad, Fruit 31	

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January Lunch Celebrations

- **Jan. 11th:** January Birthdays (Birthday Ice Cream Cup)
- **Jan. 23rd:** National Pie Day (Cherry Fruit Pie Pocket)

GOOD EATS AT

Sinton High School
Deli Line
Lunch
Menu

SPECIAL ANNOUNCEMENTS

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide lunch for all students at no charge for the 2018-2019 school year.

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M	T	W	TH	F
School Holiday 1	School Holiday 2	School Holiday 3	School Holiday 4	
1. Ham Chef Salad Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Yogurt/Fruit/Chz.Plato Sides: Fruit & Veggie Bar, French Fries 7	1. Ham Chef Salad Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Chicken Salad Croissant Sides: Fruit & Veggie Bar 8	1. Baked Potato Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J 4. Santa Fe Deli Wrap Sides: Fruit & Veggie Bar, <i>Mini Rice Krispies Treat</i> 9	1. Chkn. Fajita Chef Salad 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Tuna Salad Croissant Sides: Fruit & Veggie Bar 10	1. Chk. Fajita Chef Salad 2. Sub Sandwich Plate 3. Uncrustable PB&J 4. Yogurt/Fruit/Chz. Sides: Fruit & Veggie Bar, Pinto Beans, Birthday Ice Cream 11
1. Ham Chef Salad Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Yogurt/Fruit/Chz.Plato Sides: Fruit & Veggie Bar, French Fries 14	1. Ham Chef Salad Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Chicken Salad Croissant Sides: Fruit & Veggie Bar 15	1. Baked Potato Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J 4. Santa Fe Deli Wrap Sides: Fruit & Veggie Bar, <i>Mini Brownie Cup</i> 16	1. Chkn. Fajita Chef Salad 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Tuna Salad Croissant Sides: Fruit & Veggie Bar 17	1. Chk. Fajita Chef Salad 2. Sub Sandwich Plate 3. Uncrustable PB&J 4. Yogurt/Fruit/Chz. Sides: Fruit & Veggie Bar, Pinto Beans, 18
1. Ham Chef Salad Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Yogurt/Fruit/Chz.Plato Sides: Fruit & Veggie Bar, French Fries 21	1. Ham Chef Salad Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Chicken Salad Croissant Sides: Fruit & Veggie Bar 22	1. Baked Potato Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J 4. Santa Fe Deli Wrap Sides: Fruit & Veggie Bar, <i>Cherry Pie Fruit Pocket</i> 23	1. Chkn. Fajita Chef Salad 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Tuna Salad Croissant Sides: Fruit & Veggie Bar 24	School Holiday 25
1. Ham Chef Salad Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Yogurt/Fruit/Chz.Plato Sides: Fruit & Veggie Bar, French Fries 28	1. Ham Chef Salad Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Chicken Salad Croissant Sides: Fruit & Veggie Bar 29	1. Baked Potato Plate 2. Sub Sandwich Plate 3. Uncrustable PB&J 4. Santa Fe Deli Wrap Sides: Fruit & Veggie Bar, <i>Assorted Cookies</i> 30	1. Chkn. Fajita Chef Salad 2. Sub Sandwich Plate 3. Uncrustable PB&J Plate 4. Tuna Salad Croissant Sides: Fruit & Veggie Bar 31	