

DECEMBER 2018



GOOD EATS AT

Welder Elementary Breakfast Menu

December Breakfast Celebrations

Dec. 14th: National Biscuits & Gravy Day

Dec. 17th: Maple Syrup Day

M	T	W	TH	F
<p>1. Breakfast Pizza 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>3</p>	<p>1. Bacon/Egg/Cheese Breakfast Taco 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>4</p>	<p>1. Glazed Donut 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>5</p>	<p>1. Oatmeal 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>6</p>	<p>1. Pig in Blanket 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>7</p>
<p>1. Ham/Egg/Cheese Bar 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>10</p>	<p>1. Sausage/Egg/Cheese Breakfast Taco 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>11</p>	<p>1. Cinnamon Roll 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>12</p>	<p>1. Asst. Flavorful Mini Pancakes 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>13</p>	<p>1. Scrambled Eggs with Biscuit & Gravy 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>14</p>
<p>1. Blueberry Pancake & Sausage on a Stick, Syrup 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>17</p>	<p>1. Potato/Egg/Cheese Breakfast Taco 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>18</p>	<p>1. Donut Holes 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>19</p>	<p>1. Oatmeal 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>20</p>	<p>1. Sausage/Egg/Cheese Breakfast on a Bun 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety</p> <p>21</p>
<p>School Holiday</p> <p>24</p>	<p>School Holiday</p> <p>25</p>	<p>School Holiday</p> <p>26</p>	<p>School Holiday</p> <p>27</p>	<p>School Holiday</p> <p>28</p>
<p>School Holiday</p> <p>31</p>				

SPECIAL ANNOUNCEMENTS

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide breakfast for all students at no charge for the 2018-2019 school year.
The breakfast meal requires students to select a fruit or juice as part of their breakfast meal.
 Available milk flavors: 1% White and Fat Free Chocolate
 Menu subject to change based on product availability.

DECEMBER 2018



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GOOD EATS AT

Welder Elementary Lunch Menu

SPECIAL ANNOUNCEMENTS

December Lunch Celebrations

- **Dec. 3rd -6th:** Star Testing/EOC Menu: Star Cookie
- **Dec. 7th:** Birthdays Menu: Birthday Ice Cream Cup
- **Dec. 12th:** Holiday Treat Menu: Christmas Tree Cookie
- **Dec. 19th:** Holiday flavor day Menu: Candy Cane Ice Cream Cup

M	T	W	TH	F
<p>1. BBQ Chicken on Bun 2. Yogurt/Fruit/Cheese</p> <p>Sides: Assorted Sunchips Baked Beans, Baby Carrots, Apple Slices Milk: Variety</p> <p>3</p>	<p>1. Steak Fingers, Gravy 2. Ham Chef Salad Plate</p> <p>Sides: Roll, Cucumber Slices, Mashed Potatoes. Steamed Corn, Fruit Cup Milk: Variety</p> <p>4</p>	<p>1. Pirate Burgers 2. Tuna Sandwich Sides: French Fries, Baby Carrots, Burger Toppings, Craisins, <i>Star Cookie</i>, Milk: Variety</p> <p>5</p>	<p>1. Rotini w/ Meat Sauce 2. Ham & Cheese Sandwich Sides: Breadstick, Steamed Broccoli, Salad Fruit Cup, Milk: Variety</p> <p>6</p>	<p>1. Chkn. Fajitas, Tortilla 2. Uncrustable PB&J Plate Sides: Pinto Beans, Baby Carrots, Rice, Seasonal Fruit, Lettuce/Tomato, Milk: Variety <i>BIRTHDAY ICECREAM</i></p> <p>7</p>
<p>1. Grilled Cheese Sandw. 2. Yogurt/Fruit/Cheese</p> <p>Sides: Baked Beans, Baby Carrots, Apple Slices Milk: Variety</p> <p>10</p>	<p>1. Popcorn Chicken, Gravy 2. Baked Potato Plate</p> <p>Sides: Roll, Cucumber Slices, Mashed Potatoes. Steamed Corn, Fruit Cup Milk: Variety</p> <p>11</p>	<p>1. Pirate Burgers 2. Tuna Sandwich Sides: French Fries, Baby Carrots, Burger Toppings, Craisins, <i>Christmas Tree Cookie</i>, Milk: Variety</p> <p>12</p>	<p>1. Pepperoni Pizza 2. Ham & Cheese Sandwich Sides: Breadstick, Steamed Broccoli, Salad Fruit Cup Milk: Variety</p> <p>13</p>	<p>1. Beef & Cheese Nachos 2. Uncrustable PB&J Plate Sides: Pinto Beans, Baby Carrots, Rice Seasonal Fruit, Milk: Variety</p> <p>14</p>
<p>1. Chicken Patty on Bun 2. Yogurt/Fruit/Cheese</p> <p>Sides: Baked Beans, Baby Carrots, Apple Slices Milk: Variety</p> <p>17</p>	<p>1. Creamy Chicken & Rice 2. Ham Chef Salad Plate</p> <p>Sides: Roll, Sweet Potatoes, Green Beans, Fruit Cup, Cucumber Slices Milk: Variety</p> <p>18</p>	<p>1. Pirate Burgers 2. Tuna Sandwich Sides: French Fries, Baby Carrots, Burger Toppings, Craisins, <i>Candy Cane Ice Cream</i>, Milk: Variety</p> <p>19</p>	<p>1. Beefy Mac & Cheese 2. Ham & Cheese Sandwich Sides: Breadstick, Steamed Broccoli, Salad Fruit Cup, Milk: Variety</p> <p>20</p>	<p>Early Release Cheese Pizza Meal in the Classroom</p> <p>21</p>
<p>School Holiday</p> <p>24</p>	<p>School Holiday</p> <p>25</p>	<p>School Holiday</p> <p>26</p>	<p>School Holiday</p> <p>27</p>	<p>School Holiday</p> <p>28</p>
<p>School Holiday</p> <p>31</p>				

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide lunch for all students at no charge for the 2018-2019 school year. **The lunch meal requires students to select a fruit or vegetable as part of their lunch meal.** Menu subject to change based on product availability.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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