

NOVEMBER

2018



Call me
CAPTAIN CARROTENE!

GOOD EATS AT

Welder
Elementary
Pre-K
Lunch
Menu

SPECIAL ANNOUNCEMENTS

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide lunch for all students at no charge for the 2018-2019 school year. **The Pre-K lunch meal requires Pre-K students to receive all meal components, including unflavored milk.** Menu subject to change based on product availability.

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
f t y i
This product was funded by USDA.
This institution is an equal opportunity provider.

November Lunch Celebrations

- **Nov. 2nd:** November Birthdays (Birthday Ice Cream Cup)
- **Nov. 7th:** Flavor of Fall (Pumpkin Spice Ice Cream Cup)
- **Nov. 12th:** Chicken Soup Day
- **Nov. 13th:** World Kindness Day (Smile Fries & Smoothie on a Stick)
- **Nov. 26th:** National Peanut Butter Lover's Month

M	T	W	TH	F
<p>1. BBQ Chicken on Bun 2. Yogurt/Fruit/Cheese</p> <p>Sides: Cheddar Sunchips Baby Carrots, Apple Slices Milk: 1% White 5</p>	<p>1. Popcorn Chicken, Gravy 2. Ham Chef Salad Plate</p> <p>Sides: Roll, Mashed Potatoes, Fruit Cup Milk: 1% White 6</p>	<p>1. Pirate Burgers 2. Tuna Sandwich Sides: French Fries, Craisins, Pumpkin Spice Ice Cream Cup, Milk: 1% White 7</p>	<p>1. Rotini with Meat Sauce 2. Turkey & Cheese Sandwich Sides: Breadstick, Salad, Fruit Cup, Milk: 1% White 1</p>	<p>1. Chicken Fajitas With Tortilla 2. Uncrustable PB&J Plate Sides: Pinto Beans, Seasonal Fruit, BIRTHDAY ICECREAM, Milk: 1% White 2</p>
<p>1. Chicken Soup Bowl w/ Grilled Cheese Wedge 2. Yogurt/Fruit/Cheese</p> <p>Sides: Baby Carrots, Apple Slices, Milk: 1% White 12</p>	<p>1. Steak Fingers, Gravy 2. Ham Chef Salad Plate</p> <p>Sides: Roll, SMILE FRIES, Fruit Cup, Smoothie on a Stick, Milk: 1% White 13</p>	<p>1. Pirate Burgers 2. Tuna Sandwich Sides: Tater Tots Raisels, Mini Brownie Cup, Milk: 1% White 14</p>	<p>1. Pepperoni Pizza 2. Ham & Cheese Sandwich Sides: Steamed Broccoli, Fruit Cup Milk: 1% White 8</p>	<p>Thanksgiving Luncheon: Turkey, Gravy, Roll, Dressing, Sweet Potatoes, Green Beans, Pumpkin Pie Milk: 1% White 9</p>
School Holiday 19	School Holiday 20	School Holiday 21	School Holiday 22	School Holiday 23
<p>1. Chicken Patty on Bun 2. Yogurt/Fruit/Cheese Sides: French Onion Sunchips, Baby Carrots, Apple Slices w/ Peanut Butter Milk: 1% White 26</p>	<p>1. Creamy Chicken over Rice 2. Ham Chef Salad Plate Sides: Roll, Green Beans, Fruit Cup Milk: 1% White 27</p>	<p>1. Pirate Burgers 2. Tuna Sandwich Sides: French Fries, Craisins, Mini Rice Krispies Milk: 1% White 28</p>	<p>1. Beefy Mac & Cheese 2. Turkey & Cheese Sandwich Sides: Breadstick, Salad Fruit Cup, Milk: 1% White 15</p>	<p>1. Chicken & Cheese Nachos 2. Uncrustable PB&J Plate Sides: Pinto Beans, Fruit, Milk: 1% White 16</p>
<p>1. Chicken Patty on Bun 2. Yogurt/Fruit/Cheese Sides: French Onion Sunchips, Baby Carrots, Apple Slices w/ Peanut Butter Milk: 1% White 26</p>	<p>1. Creamy Chicken over Rice 2. Ham Chef Salad Plate Sides: Roll, Green Beans, Fruit Cup Milk: 1% White 27</p>	<p>1. Pirate Burgers 2. Tuna Sandwich Sides: French Fries, Craisins, Mini Rice Krispies Milk: 1% White 28</p>	<p>1. Cheese Pizza 2. Ham & Cheese Sandwich Sides: Steamed Broccoli Fruit Cup Milk: 1% White 29</p>	<p>1. Crispy Turkey Tacos 2. Uncrustable PB&J Plate Sides: Pinto Beans, Fruit, Milk: 1% White 30</p>