

NOVEMBER

2018



Call me
CAPTAIN CARROTENE!

GOOD EATS AT

Welder
Elementary
Breakfast
Menu

SPECIAL ANNOUNCEMENTS

Please note: Sinton ISD is approved by the Texas Department of Agriculture to operate the Community Eligibility Program which allows the Sinton ISD Food Service Department to provide breakfast for all students at no charge for the 2018-2019 school year.

The breakfast meal requires students to select a fruit or juice as part of their breakfast meal.

Available milk flavors: 1% White and Fat Free Chocolate Menu subject to change based on product availability.

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
f t y i
This product was funded by USDA.
This institution is an equal opportunity provider.

M	T	W	TH	F
<ol style="list-style-type: none"> 1. Breakfast Pizza 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 5	<ol style="list-style-type: none"> 1. Potato/Egg/Cheese Breakfast Taco 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 6	<ol style="list-style-type: none"> 1. Cinnamon Roll 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 7	<ol style="list-style-type: none"> 1. Asst. Flavorful Mini Pancakes 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 1	<ol style="list-style-type: none"> 1. Pig in Blanket 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 2
<ol style="list-style-type: none"> 1. Sausage & Biscuit 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 12	<ol style="list-style-type: none"> 1. Bacon/Egg/Cheese Breakfast Taco 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 13	<ol style="list-style-type: none"> 1. Donut Holes 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 14	<ol style="list-style-type: none"> 1. Assorted Muffins 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 8	<ol style="list-style-type: none"> 1. Sausage/Egg/Cheese Breakfast on a Bun 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 9
School Holiday 19	School Holiday 20	School Holiday 21	School Holiday 22	School Holiday 23
<ol style="list-style-type: none"> 1. Ham/Egg/Cheese Bar 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 26	<ol style="list-style-type: none"> 1. Sausage/Egg/Cheese Breakfast Taco 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 27	<ol style="list-style-type: none"> 1. French Toast Sticks 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 28	<ol style="list-style-type: none"> 1. Asst. Breakfast Items 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 29	<ol style="list-style-type: none"> 1. Asst. Breakfast Items 2. Assorted Cereal 3. Yogurt Sides: Toast, Breakfast Crackers, Fruit, Juice Milk: Variety 30

November
Breakfast
Celebrations
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Nov. 28th:
National
French Toast
Day

NOVEMBER

2018



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November Lunch Celebrations

- **Nov. 2nd:** November Birthdays (Birthday Ice Cream Cup)
- **Nov. 7th:** Flavor of Fall (Pumpkin Spice Ice Cream Cup)
- **Nov. 12th:** Chicken Soup Day
- **Nov. 13th:** World Kindness Day (Smile Fries & Smoothie on a Stick)
- **Nov. 26th:** National Peanut Butter Lover's Month

M	T	W	TH	F
<p>1. BBQ Chicken on Bun 2. Yogurt/Fruit/Cheese</p> <p>Sides: Cheddar Sunchips, Baked Beans, Baby Carrots, Apple Slices Milk: Variety 5</p>	<p>1. Popcorn Chicken, Gravy 2. Ham Chef Salad Plate</p> <p>Sides: Roll, Mashed Potatoes, Steamed Corn, Fruit Cup Milk: Variety 6</p>	<p>1. Pirate Burgers 2. Tuna Sandwich</p> <p>Sides: French Fries, Baby Carrots, Burger Toppings, Craisins, Pumpkin Spice Ice Cream Cup, Milk: Variety 7</p>	<p>1. Rotini w/ Meat Sauce 2. Turkey & Cheese Sandwich Sides: Breadstick, Steamed Broccoli, Salad Fruit Cup, Milk: Variety 1</p>	<p>1. Chkn. Fajitas w/ Tortilla 2. Uncrustable PB&J Plate Sides: Pinto Beans, Baby Carrots, Rice, Seasonal Fruit, Lettuce/Tomato, BIRTHDAY ICECREAM, Milk: Variety 2</p>
<p>1. Chicken Soup Bowl w/ Grilled Cheese Wedge 2. Yogurt/Fruit/Cheese</p> <p>Sides: Baby Carrots, Green Beans, Apple Slices, Milk: Variety 12</p>	<p>1. Steak Fingers, Gravy 2. Ham Chef Salad Plate</p> <p>Sides: Roll, SMILE FRIES, Baked Beans, Fruit Cup, Smoothie on a Stick, Milk: Variety 13</p>	<p>1. Pirate Burgers 2. Tuna Sandwich</p> <p>Sides: Tater Tots, Baby Carrots, Burger Toppings Raisels, Mini Brownie Cup, Milk 14</p>	<p>1. Pepperoni Pizza 2. Ham & Cheese Sandwich Sides: Breadstick, Steamed Broccoli, Salad Fruit Cup Milk: Variety 8</p>	<p>Thanksgiving Luncheon: Turkey, Gravy, Roll, Dressing, Sweet Potatoes, Green Beans, Pumpkin Pie</p> <p>Milk: Variety 9</p>
<p>School Holiday 19</p>	<p>School Holiday 20</p>	<p>School Holiday 21</p>	<p>1. Beefy Mac & Cheese 2. Turkey & Cheese Sandwich Sides: Breadstick, Steamed Broccoli, Salad Fruit Cup, Milk: Variety 15</p>	<p>1. Chicken & Cheese Nachos 2. Uncrustable PB&J Plate Sides: Pinto Beans, Baby Carrots, Rice Lettuce/Tomato, Seasonal Fruit, Milk: Variety 16</p>
<p>School Holiday 19</p>	<p>School Holiday 20</p>	<p>School Holiday 21</p>	<p>School Holiday 22</p>	<p>School Holiday 23</p>
<p>1. Chicken Patty on Bun 2. Yogurt/Fruit/Cheese Sides: French Onion Sunchips, Baked Beans, Baby Carrots, Apple Slices w/ Peanut Butter Milk: Variety 26</p>	<p>1. Creamy Chicken over Rice 2. Ham Chef Salad Plate Sides: Roll, Sweet Potatoes, Green Beans, Fruit Cup Milk: Variety 27</p>	<p>1. Pirate Burgers 2. Tuna Sandwich Sides: French Fries, Baby Carrots, Burger Toppings, Craisins, Mini Rice Krispies Milk: 28</p>	<p>1. Cheese Pizza 2. Ham & Cheese Sandwich Sides: Breadstick, Steamed Broccoli, Salad Fruit Cup Milk: Variety 29</p>	<p>1. Crispy Turkey Tacos 2. Uncrustable PB&J Plate Sides: Pinto Beans, Spanish Rice, Baby Carrots Lettuce/Tomato, Seasonal Fruit, Milk: Variety 30</p>

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