



Advocacy + Access
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SINTON INDEPENDENT SCHOOL DISTRICT
P.O. Box 1337 • 322 South Archer Street
Sinton, Texas 78387

Phone: (361)364-6800 Fax: (361)364-6905

Department of Food Services

Silke West
Food Service Director

Rose Mary Castillo
Food Service Administrative Assistant

School Year: 2018-2019

Food Service/Meal Pricing Information

For the 2018-2019 school year, Sinton ISD is approved to operate the Community Eligibility Provision (CEP) program which allows the Sinton ISD food service department to provide free breakfast and free lunch meals for all students. The CEP program eliminates the collection of meal applications from households. Each enrolled SISD student is permitted access to one breakfast and one lunch, per day, at no charge.

Please note, at Sinton ISD, students have access to purchase extra menu and snack items. Sinton ISD does not allow charging of these extra/additional menu and/or snack items, therefore, students must have either a positive food service account balance or cash at the time of purchase in the amount sufficient to cover purchases. In addition, when a student selects more menu items than the planned meal (see menus posted on district website <http://www.sintonisd.net/wp/index.php/food-service/>), the student will be charged a la carte pricing for the additional items at the time of purchase.

Please feel free to make a payment(s) to your child's food service account to allow for extra purchases. Payments are accepted at the cash registers as well as may be made online via www.lunchmoneynow.com. If you send a payment with your child, we encourage payment in the form of a check with a note "for food service account".

Please find below information related to menu/meal items...

Breakfast: Includes up to 4 items (student must have a minimum of 3 items in which one item must be a ½ cup of fruit or juice to meet the meal requirements and for the meal to be provided at no charge).

- Choose 1: **Main Dish** (Counts as 1 item)
- Required/Choose 1: **Fruit or Juice** (**Please remind your child to select a fruit or juice**) (Counts as 1 item)
- Choose 1 or 2 different items from the following...
 - Milk: 1% white or Fat Free Chocolate
 - Another fruit
 - Grain Item: Toast or Breakfast Crackers
- Additional items will be charged at a la carte prices. See pricing on district website.

Lunch: Includes up to 5 components (meat, grain, vegetable, fruit, milk) (student must have a minimum of 3 components in which one must be a ½ cup of fruit or vegetable to meet the meal requirements and for the meal to be provided at no charge).

- Choose 1: Main Dish (Counts as 2 components on Sinton ISD menu)
- Required/Choose 1: **Fruit or Vegetable** (**Please remind your child to select a fruit or vegetable**) (Counts as 1 component)
- May choose up to 2 *different* components from the following...
 - Milk: 1% white or Fat Free Chocolate
 - Another fruit
 - Another Vegetable
- Note: Some menu days may include additional items such as a dessert. The first serving of a dessert item is included with the free lunch meal.
- Additional components/menu items/extra desserts will be charged at a la carte prices. See pricing on district website.

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Pricing for Extra(s) / A La Carte Food and Beverage Purchases

School Year: 2018-2019

Item	Price
Small (1 oz.) Chocolate Chip Cookie, Whole grain	\$0.25
Fruit (Fresh, Canned, Frozen, Dried)	\$0.50
Juice (4 oz.), 100%	\$0.50
Cheez It Crackers, Whole Grain	\$0.50
Animal Crackers, Whole grain	\$0.50
Milk, all varieties	\$0.60
Chips, Baked, Whole grain	\$0.75
Small Water	\$0.75
Large Water	\$1.00
Rice Krispies Treat, Whole grain	\$1.00
Chex Snack Mix, Whole grain	\$1.00
Ice Cream, Low fat	\$1.00
Vegetable, Carrots w/ Ranch	\$1.25
Vegetable, Salad w/ Ranch	\$1.25
Breakfast Entree	\$1.25
Brownie/Large Filled Cookie, Whole Grain	\$1.25
Envy Juice, 100% (Available only to: MS students, HS students, Staff and Adults)	\$1.50
Diet Soda, Assorted (Available only to: HS students, Staff and Adults)	\$1.50
G2, Assorted (Available only to: HS students, Staff and Adults)	\$1.50
Tea (Staff and Adults only)	\$1.50
Lunch Entree	\$2.25
Sinton ISD Staff Meals (includes 1; tea, water, diet soda or milk)	Breakfast \$2.50 Lunch \$4.50
Visitor (Adult or Child) Meals (includes 1; tea, water, diet soda or milk) Note: Soda not to be sold to students under 9 th grade.	Breakfast \$3.00 Lunch \$5.00
Visitor Thanksgiving Meal (Adult or Child) (includes 1; tea, water, diet soda or milk) Note: Soda not to be sold to students under 9 th grade	\$6.00 per person

Note: Not all items are sold at all locations. Please check with the Cafeteria Manager for items sold at a particular campus. All items sold to students must meet Smart Snacks federal regulations.